

Harry Potter's Step 4 Worksheet on Voldemort

Person, Place, Institution	I am resentful because...	Affects this had on me	Exact Nature of My Wrongs	What choices do I have Today?
<p>Tom Marvolo Riddle</p> <p>Lord Voldemort</p> <p>He Who Must Not be Named</p> <p>You Know Who</p> <p>The noseless JERK who ruined my life</p>	<p>You killed me parents</p> <p>You tried to kill me... Again and Again and Again</p> <p>You ruined the end of every one of my school years at Hogwarts</p> <p>You hated muggles</p> <p>Dumbledore is dead because of you</p> <p>Snape is dead because of you</p> <p>Sirius is dead because of you</p> <p>Fred is dead because of you</p> <p>Remus and Tonks are dead because of you which means Teddy's an orphan like me and I really hate that</p>	<p>I never knew my parents</p> <p>I had to grow up with angry, abusive, neglectful muggles</p> <p>I lived in fear</p> <p>I was ostracized, outcast, and unwelcome</p> <p>I felt alone even when I wasn't</p> <p>I felt responsible for everyone else's pain and loss</p> <p>I was never normal which is all I wanted to be</p>	<p>I let you inside my head</p> <p>Sometimes I thought that maybe you were right about me</p> <p>I was stubborn and didn't always accept help when I needed it</p> <p>I thought I always had to be the hero so others wouldn't suffer like I suffered</p>	<p>I can love and accept love</p> <p>I can honor my parents' memories</p> <p>I can think about the bravery of my parents, godfather, mentors, professors, and friends and how they cared about me</p> <p>I can take some much needed time off and seek some serious counseling...</p> <p>Or I can just keep tracking Dark Wizards as a living like I'm not traumatized enough by all the crap you put me through before I was even an adult</p>